

## Training & Workshops 2024

Date	Sessions	Time	Attendees
Tuesday 21st May 2024	Social Stories Writing Workshop	1.00pm to 2.30pm 3.30pm to 5.00pm	Parents/Carers Professionals
Tuesday 21st May 2024	Food & Health Seminars - Module 3 - How might my child's diet affect their mood, behaviour, attention, learning and sleep?	10.00am to 11.45 am	Parents/Carers & Professionals
Tuesday 28th May 2024	Food & Health Seminars - Module 4 - I know what my child needs, but how do I get them to eat it?	10.00am to 11.45 am	Parents/Carers & Professionals
Tuesday 4th June 2024	Anxiety & Behavioural Challenges	1.00pm to 2.30pm 3.30pm to 5.00pm	Parents/Carers & Professionals Professionals
Thursday 6th June 2024	NAS/TF Pines Sessions - Diet & Neurodivergence	10.30am to 12 noon	Parents/Carers & Professionals
Tuesday 11th June 2024	Frazzled Fred Guide to Sensory Processing	1.00pm to 2.30pm 3.30pm to 5.00pm	Parents/Carers Professionals

Date	Sessions	Time	Attendees
Tuesday 18th June 2024	Next Steps	10.00am to 12 noon	Parents/Carers - Invite Only
Tuesday 25th June 2024	Help! I've got a Teenager	1.00pm to 2.30pm	Parents/Carers
Thursday 29th August 2024	NAS/TF Pines Sessions - Anxiety & Behaviour	10.30am to 12 noon	Parents/Carers & Professionals